

## **Intellectual Paternity Act**

of the Holistic Freudian Neopsychoanalysis\*\*

I, Joel Faretina, born in Teramo on April 22nd, 1991, and currently residing in Rome, hereby formally declare and attest the following:

1. I am the sole creator and founder of the theoretical, methodological, and experiential framework known as Holistic Freudian Neopsychoanalysis.
2. This discipline originates from my independent intellectual work, personal elaboration, and theoretical synthesis, integrating classical Freudian psychoanalytic principles with a non-clinical, holistic approach aimed at personal development and introspective growth.
3. All concepts, formulations, principles, models, experiential methods, terminologies, and structural elements constituting Holistic Freudian Neopsychoanalysis are the result of my individual authorship.
4. This declaration serves to establish and certify the authenticity, originality, and intellectual ownership of the aforementioned discipline.

Drafted and signed on this day:

1 October 2025  
Rome, Italy

A handwritten signature in black ink, appearing to read 'Joel Faretina', with a stylized, cursive script.